

Message Notes 1.8.17
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RECALIBRATE – Mark 9:14-29



Last week: We can't see what we aren't looking for!

Prayer: connecting to God

Fasting: disconnecting from the world

This week: Spiritual failure is POSSIBLE, but doesn't need to be permanent.

Mark 9:14-29: Why did the disciples fail?

HOW TO HAVE A SUCCESSFUL FAST:

1. What is your objective?
2. What kind of fast will you commit to?
3. Prepare spiritually BEFORE you start.
4. Prepare physically BEFORE you start.
5. Live life differently.
6. Break the fast with caution.
7. Expect RESULTS.

→ Let's GROW with God this year!

SINKING IN: Questions to process with your family, friends, & self-reflection.

1. Have you ever "failed" in your faith?
2. How does belief lead to failure or success?
3. How does God help us in our "unbelief?"
4. Why do prayer and fasting help our faith?
5. Extra Credit: Why do some texts leave out the "and fasting?"